

Some tips to care for your baby's smile



Take your baby to the dentist by age 1.



No bottle in bed.



Milk and water are the best for your child.



Brush teeth in soft, gentle circles two times a day.



Clean your baby's mouth with a wet washcloth after eating and drinking.



Sharing forks and spoons shares germs that can cause cavities.

To learn more about taking care of your baby's smile, visit www.DentistBy1.com/Illinois.

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